

Variable	Without abdominal obesity n = 39,676	With abdominal obesity n = 28,369
Age (years)	56.9 ± 14.4	60.7 ± 13.0
Hypertension duration (years)	5.1 ± 6.7	6.9 ± 7.7
Cardiovascular or renal disease (%)	11.3	13.2
Office systolic BP (mmHg)	147.9 ± 19.2	151.1 ± 19.7
Office diastolic BP (mmHg)	87.6 ± 12.9	87.2 ± 11.8
24-hour systolic BP (mmHg)	129.6 ± 14.4	130.2 ± 14.8
24-hour diastolic BP (mmHg)	77.5 ± 10.2	75.4 ± 10.3
Daytime systolic BP (mmHg)	132.7 ± 14.7	133.1 ± 15.1
Daytime diastolic BP (mmHg)	80.4 ± 10.8	78.1 ± 10.8
Night-time systolic BP (mmHg)	120.4 ± 16.3	122.2 ± 16.8
Night-time diastolic BP (mmHg)	69.1 ± 10.3	67.8 ± 10.5
Office BP <140/90 mmHg (%)	24.0	21.1
24-hour BP <130/80 mmHg (%)	43.1	44.9
Daytime BP <135/85 mmHg (%)	50.2	48.4
Night-time BP <120/70 mmHg (%)	41.3	40.7
Non-dipping pattern (%)	51.5	57.3

Legend

BP : Blood pressure